



Impulse Control

Beginner

Definition of “Leaving It”:

It means: not lunging, slack leash, looking away, turning away, walking away, looking at you, or backing up.

Counter Surfing

1. With your dog on a leash/collar (not a harness), place a distraction on the counter where they can see it but not reach it.
2. Do not say anything and watch your dog.
 - a. **If your dog leaves it:** Mark and reward with duration marker (“yes”) and lure them away from the counter as you pay.
 - b. **If your dog doesn’t leave it:** Do not reward them. Correct them with the leash or pet corrector and consider using a easier distraction if your dog fails more than 3 times in a row.
3. Advance towards letting the leash drag, hiding behind a corner and ultimately removing the leash. If your dog has become leash smart, purchase a vibrate collar ([here](#)) and repeat.

Leave It – In Hand

1. Hide a treat in your fist and let the dog sniff it for 3 seconds.
2. Cue “leave it” and wait for your dog to disengage from your closed hand before opening it to reveal the treat.
 - a. **If your dog leaves it:** Mark with “yes” and pay
 - b. **If your dog doesn’t leave it:** Do not reward them. Say “no” and close your hand. Repeat step 2.
3. Once your dog is responding to the cue on the first ask, advance to higher value food distractions.

Food Dish

1. With your dogs food dish filled and dog near by simply raise it above them so they cannot reach it. If your dog is jumping uncontrollably, attach them to a leash and step on it
2. Slowly lower the dish to the floor:
 - a. **If your dog leaves it:** Continue to lower the dish until it's on the floor and the dog “leaves it” until you release them (touch shoulder and say “break”).
 - b. **If your dog doesn’t leave it:** Say “no” and raise the food dish until the dog disengages from it.
3. Once the dish reaches the ground or you remove your hand from the dish, expect your dog to go for it. You have to be quick or it will just take longer for you to achieve disengagement.