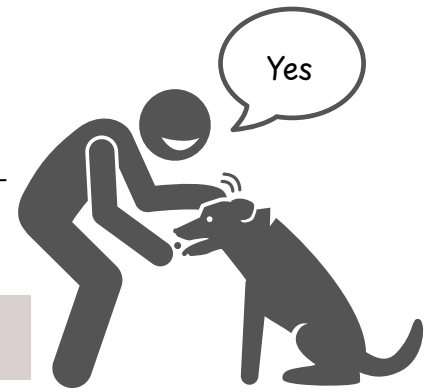


# Spot & Reward

## Implied Impulse Control



### What is Capturing / Shaping?

When we wait for the dog to naturally perform a desired behavior, such as looking at you or ignoring a distraction they notice, and then immediately marking and rewarding the behavior. Unlike luring or shaping, which guide the dog into performing the behavior, capturing relies on the dog offering the behavior on their own. Capturing is effective for reinforcing natural behaviors that the dog might already do but hasn't associated with a command. It's particularly useful for teaching behaviours such as no jumping, no counter surfing and no barking that may be difficult to create a cue for.

1

### Prepare

- Keep your rewards ready — in your pocket, treat pouch, or discreetly in your hand behind your back. Avoid having your dog stare at you in anticipation of food; we don't want begging or bribery. Wait until their attention drifts elsewhere before you begin. Remember, the goal is to capture the choices your dog makes on their own, not the ones made because they're expecting a treat.

2

### Spot Good Choices

- Wait for your dog to turn towards you or notice a distraction and disengage from it (ie. not go to the end of the leash or they turn away from it).
- If they are struggling keep a shorter leash, say "no" and walk away from the distraction redirecting them with the leash until your dog turns away.

3

### Reward Good Choices

- Anytime you catch your dog doing a good behaviour or one of your goals, mark ("yes") and reward them!
- If the dog continues to preform the desired behaviour mark & reward them a few times more before moving along. Your goal is to establish their energy in towards you.