## The 3 D's of Training

Ideal Distance:

- The dog can split it's attention between trigger and handler

Ideal Distraction:

- Something you have control of at first, food or a leashed dog


Ideal Duration:

- Your dog remains in position until they are released


## How to Strengthen the 3D's

Only Focus on one at a time and expand in the order listed

> DURATION = decrease distance + decrease distractions DISTRACTIONS = decrease distance + shorten duration DISTANCE = decrease distractions + shorten duration

