

Free Time

Think of it like recess time

What it Looks Like

- The dog can walk on either side of you
- Get a sit or focus before releasing your dog for Free Time
- Free time can be a Sit-Stay if your dog is overstimulated/distracted
- Dog is not practicing rude behaviour/body language (hard stares, barking etc.)
- The dog can sniff, explore, potty/mark or be at the end of their leash but not pulling
- The dog is allowed to say hello and greet others as long as they are polite



Use a Cue

"BREAK"

"FREE"

"FINISHED"

"OKAY"

"GO SNIFF"

"ALL DONE"

When to Use It

- When it is safe to do so (free of triggers)
- If your dog wants to sniff or pee
- To greet other dogs
- To greet people
- To give your dog a reward/freedom
- When your dog is calm

TIPS

- Free time is used sparingly in the beginning of training
- Even during free time, do not allow them to pull you around
- Free Time can be used as a reward to let your dog sniff a scent they are curious about or relieve frustration/stress.

