



The Look

Foundational

Definition of Look:

Your dog's eyes are engaged with yours and they are looking up at you.

Achieve Target Behaviour

1. With your dog on leash in front of you, pre-load your lure hand and tuck it behind your back then say your dog's name.
2. Cue "look" then present your visual cue. Do not repeat the cue. Pause and wait 3 seconds.
 - a. **If your dog looks at you:** Say "yes" (duration marker) and pay your dog.
 - b. **If your dog doesn't look at you:** Do not reward. Assist them with a food lure by frustrating them with it then pulling it up towards your face. Work around less distractions or use higher value rewards, if your dog fails more than 3 times in a row.
3. Repeat this process several times until your dog is successful 3/3 times.
4. Then practice adding 5-10 seconds of duration before you say "yes" (duration marker) and reward your dog in position. Then tap them on the shoulder and say "break" (release marker).

Adding a Controlled Distraction

3 Sets of 3 Reps or 5 min session

See "*Understanding Distractions*" for more information on controlled distractions and examples.

1. Add a controlled distraction to look. Your dog should be aware of it but still able to be *somewhat* successful. This could be moving your opposite hand (not your lure hand) or dropping something to the side.
2. With your dog in front position and lure positioned behind your back, cue "look" and with a distraction nearby. Ensure the leash is in ready position to redirect and steady your dog.
 - a. **If your dog listens:** Mark and reward with "yes" (duration marker) and pay your dog.
 - b. **If your dog doesn't listen:** Do not reward. Say "no" (no reward marker). Assist them with the lure and repeat step 2. Keep the dog steady with the leash. Consider moving the distraction further away or using an easier one, if your dog fails more than 3 times in a row.
3. Repeat this process several times until your dog is successful 3/3 times consistently. Then gradually fade out the food in your lure and/or only rewarding with food for above average performances.

When to Advance the 3 D's

Remember The Rule of 3. If your dog easily completes three successful reps in a row, advance to longer duration, standing further away from the dog or distraction (distance) or higher distractions. Only focus on challenging one of the 3 D's. If your dog fails three times in a row go back a step and make it easier.