## The 3 D's of Training

#### **Ideal Distance:**

The dog is aware of the distraction but can split it's attention between distraction and handler



#### **Ideal Duration:**

Your dog remains in position until they are released

### Ideal Distraction:

Something you have control of at first, food or a leashed dog progressing to uncontrolled distractions (strangers, off leash dogs etc.)



# How to Strengthen the 3D's

Only Focus on one at a time and expand in the order listed

**DURATION** = decrease distance + decrease distractions

**DISTRACTIONS** = decrease distance + decrease duration

**DISTANCE** = decrease distractions + decrease duration